



A WORD FROM THE EXECUTIVE DIRECTOR OF THE BOYS AND GIRLS CLUB HAMILTON

CO-PRESIDENT'S MESSAGES

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Dhruv Gupte talks about his experience working as one of the Co-Presidents for Tidal Waves and reflects on everything that has been accomplished so far for the club.



CO-PRESIDENT'S MESSAGES

2
Peter Soliman shares his view on the lessons Tidal Waves provided and talks about his experience working as the club's head instructor for the 2018-2019 year



MESSAGES FROM OUR INSTRUCTORS

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Instructors are a huge part of what makes Tidal Waves successful and we wouldn't be here without them.





A MESSAGE FROM ONE OF OUR CO-PRESIDENTS



DHRUV GUPTE
CO-PRESIDENT

“Working with Tidal Waves Hamilton from the beginning has been a pleasure and honour. In the beginning it was logistically very difficult to get things started and we had a lot of hurdles to overcome. That being said, with the help of our fantastic executive team, we were able to overcome these challenges. Now we are providing free, high quality lessons to adults with disabilities in Hamilton. Yet what matters the most to me is the impact we have on those we work with. We are actively working to connect adults with disabilities with students to help bridge the gap between these two groups. Additionally, by providing lifesaving lessons to this demographic, we are expanding their opportunities and providing them with the skills to interact with their environment in a fun and safe way. Finally, our team is pioneering events catered to opening up a conversation addressing the gaps for individuals with disabilities in terms of accessing programs such as ours and determining ways to help solve this problem. I have so much passion for this club and I hope we can inspire others to help join our cause and make Hamilton an amazing place for everyone.”



A FEW WORDS FROM OUR CO-PRESIDENT

“As a competitive swimmer for over 15 years, swimming became part of my identity. Growing up, I would get involved in anything swimming-related; from teaching lessons at the local community centre, to organizing yearly swim-a-thon fundraisers, to even being a highschool swim coach. Once university rolled around, I was eager to continue my involvement in the sport I love. That’s why when Tidal Waves opened up their application, I didn’t even think twice before applying - I knew it would be the perfect opportunity for me to use my skills for the greater good of the community. Now, as head instructor of this amazing organization, I am lucky enough to interact and engage with so many amazing individuals. This program allows me to continuously do what I love the most, with individuals that either share the same burning passion for the sport, or simply want to learn more about it. Not only do I get to teach and spearhead swim lessons, but I also get to learn from everyone around me; whether it be fellow instructors, swimmers, or even caretakers! All in all, Tidal Waves enables me to continue to utilize my skills in a fun, engaging and rewarding manner - and I couldn’t be more thankful.”



PETER SOLIMAN
CO-PRESIDENT




OUR INSTRUCTORS

"I joined Tidal Waves because every person deserves to learn to swim and disabilities should not get in the way of that. There are not enough services for adults with special needs and when I found out the program existed, I was instantly interested and ready to help. Wednesday lessons are always a highlight of my week and the participants always brighten my day with their amazing attitudes. I'm grateful that I can help provide a service that isn't always as easily accessible to everyone as it should be, and I'm looking forward to seeing how the program will grow in future!"

- Amanda Yates, Swim Instructor 2018/2019



TIDAL WAVES HAMILTON NEWS FEATURES

 **news** Swimming program gives adults with disabilities 'independence and confidence'

Hamilton

Swimming program gives adults with disabilities 'independence and confidence'

Tidal Waves Hamilton is run by students from McMaster University



Adam Carter · CBC News · Posted: Mar 08, 2019 1:49 PM ET | Last Updated: March 8



Our 2018-2019 president and one of our current co-presidents, Peter, had the chance to talk about Tidal Waves Hamilton to the local community on cable 14 news. They shared their experience with the club and talked about the impact we have on the community. Feel free to check out our Facebook page for the full segment!

Tidal Waves Hamilton was featured in the CBC news this year! We were able to get national attention to the issues that adults with disabilities face and although we are happy that there is attention being driven to the issue, we also understand that there is still a lot of progress to make.



CBCnews



THANK YOU TO
THE KIWANIS BOYS
AND GIRLS CLUB
OF HAMILTON FOR
EVERYTHING
THEY'VE DONE FOR
TIDAL WAVES!



Kiwanis

Kiwanis Club of Hamilton Inc.



We are ecstatic about the partnership as we are trying to serve those in Hamilton... we're all trying to make it a better place for all of us, children, adults and seniors.



Tidal Waves has done exactly what we do, they have cut those barriers to participation in learning about water safety and stroke skills.



Glen - Executive
Directors for the Boys
and Girls Club